Too Young for Night Sweats?

Learn More About Yourself And Help Us Understand Night Sweats In Women (35-50) Who Still Have Regular Periods

PARTICIPATE IN THIS 4 CYCLE OBSERVATIONAL UBC STUDY BY DR. JERILYNN PRIOR, UBC ENDOCRINOLOGIST

WHO CAN PARTICIPATE?

You may be eligible for this study if you are a woman who:

- Is between age 35 and 50
- Has regular menstrual periods
- Is not taking hormone therapy or hormonal birth control

WHAT WILL I BE ASKED TO DO?

- Visit our office (at VGH) for an hour-long interview session
- Keep a daily record (the Daily Perimenopause Diary) for 4 menstrual cycles
- Record first morning temperature
- Collect a small amount of urine each morning for the first full menstrual cycle

WHO DO I CONTACT?

For more information or to participate, please contact Dr. Vesna Stajic at:

Night-sweats@interchange.ubc.ca or **Vesna.Stajic@vch.ca**

604.875.5232

Or visit: http://www.cemcor.ubc.ca/night_sweats_study

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Perimenopausal Night Sweat Study
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